

MJS NEWSLETTER

Friday 4th September 2026



Dear Parents and Carers,

Welcome back to school, and for new families – welcome to MJS. We hope you have had a great summer. We know the first day/s of a school year can create anxiety and worry for children, and parents, but the children have had an excellent first 2 days back at school so thank you for your support and preparation that has led up to this.

Without wanting to bombard you with an overload of information straight away, I have attached information about which day your child has PE, when their outdoor learning days are, along with the extra-curricular clubs on offer this term. Information on how to sign up for clubs will be emailed out to you shortly.

There is also details about a Year 3 Parent Information Meeting early in the term, the date of which we hope you already have. This should be a useful meeting for you and we encourage attendance at one of these meetings if possible.

Thank you once again for the preparation in supporting your child to return to school so well.

Have a lovely weekend.

Best Wishes

Mr Pike

Headteacher

**Together
Everyone
Achieves
More
at MJS**

Monday 7th September 2026

Piano Lessons commence

Tuesday 8th September 2026

Yoga Bugs commences

Wednesday 9th September 2026

Thursday 10th September 2026

Spanish Club commences
Dare Dance commences

Friday 11th September 2026

Storm Basketball Club



At the start of the year, there is lots of information to share with you about year group curriculums, homework, expectations, support, etc.

The [Year 3 Parent Information Meeting](#) will be held at 2.00pm on Monday 14th September and is repeated at 5pm on Tuesday 15th September. The same information will be shared in both meetings, but the meeting on the Monday will have additional visitors present who you will have the opportunity to talk to and find out how they can support pupils and families at MJS. These include: Early Help, ThoughtFull, school governors, online safety, School Wellbeing Lead and the school nurse. We will send out the slides and information that is shared in the meeting if you are unable to attend.

Information for [Years 4-6](#) will be sent out electronically. Parents generally already know much of the school information that is shared, but we will send home the slides and information in Week 3 so you have access to the same information and are clear of the information and expectations for the year group.



CLASS	TEACHER	INDOOR PE	OUTDOOR GAMES	LIBRARY
3AW	Mr Williams	Tue	Mon	Wed
3DO	Miss O'Sullivan	Mon	Fri	Wed
3SG	Miss Gray	Wed	Mon	Mon
3SL	Mrs Ball	Fri	Mon	Mon
3SR	Miss Rice	Thu	Mon	Fri
4GH	Mrs George, Mrs Henning	Tue	Fri	Tue
4JM	Miss Ma'k	Mon	Tue	Tue
4NR	Miss Rendell	Thu	Tue	Fri
4PG	Mr Gander	Swimming	Tue	Thu
4SB	Mrs Blackmore	Swimming	Tue	Thu
5CW	Mrs Wyatt, Miss Child	Wed	Thu	Fri
5EH	Miss Hennings	Tue	Thu	Mon
5GK	Ms Granger, Mrs Kilduff	Tue	Thu	Thu
5IG	Miss Gordon	Fri	Thu	Wed
5OC	Mr Caddy	Thu	Fri	Tue
6BM	Mr McLoughlin	Thu	Wed	Wed
6EA	Miss Awcock	Fri	Wed	Mon
6JD	Mr Davies	Mon	Wed	Fri
6JH	Mr Haigh	Wed	Fri	Thu
6SC	Mrs Cummins	Mon	Wed	Tue
LP Purple	Mrs Ricketts	Wed (both classes)	Fri (indoors) (both clas-	Mon
LP Green	Miss Lee			Wed

Children should wear their PE kit to school on their PE/games days, i.e. 2 days per week.

Children in 4PG and 4SB have swimming lessons this term. They only need to wear their PE kit into school on the day they have games lessons (i.e. 1 day per week). A letter about swimming will be sent to these parents soon.



I am delighted to inform you that over the course of the year each class will have the opportunity to participate in Forest School activities in our outdoor classroom.

Each class will have 2 sessions per term. These will take place in the afternoons detailed below. On these days your child will need to come to school dressed appropriately for all weather, in clothes that you do not mind getting dirty or muddy.

Week beg.	MON	TUES	WEDS	THURS		FRI	
	pm	pm	pm	am	pm	am	pm
7th Sept							
14th Sept	5EH	4PG	Interventions	Purple	3SG	Green	6JD
21st Sept	5EH	4PG	Interventions	Purple	3SG	Green	6JD
28th Sept	4JM	5GK	Interventions	Purple	3SL	Green	6EA
5th Oct	4JM	5GK	Interventions	Purple	3SL	Green	6EA
12th Oct	5OC	4SB	Interventions	Purple	3SR	Green	6BM
19th Oct	5OC	4SB	Interventions	Purple	3SR	Green	6BM

Half Term

Week beg.	MON	TUES	WEDS	THURS		FRI	
	pm	pm	pm	am	pm	am	pm
2nd Nov							
9th Nov	5IG	4NR	Interventions	Purple	3AW	Green	6SC
16th Nov	5IG	4NR	Interventions	Purple	3AW	Green	6SC
23rd Nov	5CW	4GH	Interventions	Purple	3DO	Green	6JH
30th Nov	5CW	4GH	Interventions	Purple	3DO	Green	6JH
7th Dec				Purple		Green	
14th Dec							

Children will need: Wellie boots (in the winter) and spare shoes for inside the building, long sleeve t-shirt, jumper, long trousers, water proof coat (sessions happen even in the rain), hat sunscreen.



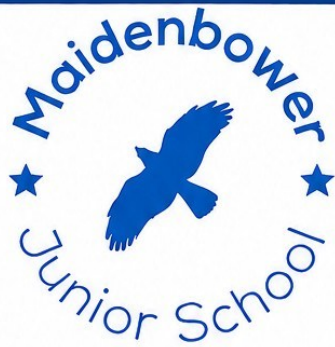
We are pleased to continue to offer a range of extra-curricular clubs this term. Some of these are run voluntarily by teachers, while others are organised and run by external agencies.

For school-run clubs, you will receive an email soon with a link to express an interest in your child attending a club up your child for a club. The deadline for submitting this is Friday 11th September. This does not guarantee a place in the club and many clubs become over-subscribed, but you will receive confirmation by the end of the following week.

School clubs will begin week commencing 21st September.

Please only sign your child up for a club if they want to attend.

Please sign up for only one club per day.



Together Everyone Achieves More at MJS

..... ★

AFTER SCHOOL CLUBS RUN BY STAFF

MONDAY	TUESDAY
 Boys Football (Years 3 & 4)  Netball (Years 5 & 6)	 Let's Dance (Years 5 & 6)  Nature Club (Years 5 & 6)  Girls Football (Years 5 & 6)  Hockey (Years 5 & 6)
WEDNESDAY	
 Chess Club (All Years)  Boys Football (Years 5 & 6)	
THURSDAY	
 Girls Football (Years 3 & 4) Changing to a Monday after half-term.	

★ Have fun, learn new skills and make new friends! ★

..... ♥



Maidenbower Junior School

MAIDENBOWER JUNIOR SCHOOL CLUBS



Run by External Companies

**Together Everyone
Achieves More at MJS**



**WEST SUSSEX
MUSIC**

Keyboard
Lessons



**SPANISH
CLUB**



**DARE
DANCE**



**STORM
BASKETBALL**



**FRENCH
CLUB**



**CHENER
SCHOOL OF
DANCE**

Musical Theatre



**RHYTHM
MASTER**



**YOGA
CLUB**

Relax, Stretch
and Breathe



**For booking information and
contact details, please visit
the school website.**



Piano and
keyboard
lessons
during the
day on a
Monday.

Thursday
lunch

Thursday
3:15pm

Friday
3:15pm

Monday
lunch

Friday
3:15pm

Monday
3:15pm

Yogabugs
Tuesday
lunch and
3:15pm



¡Hablamos
español!

Learn.
Speak.
Have fun!



SPANISH CLUB

AT MAIDENBOWER JUNIOR SCHOOL



Build confidence
in Spanish



Fun games, activities
and conversations



Discover Spanish culture,
traditions and fun facts



A great start for
school and beyond!

WHEN & WHERE



Thursdays at lunchtime
at the **Studio**.



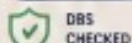
Group 1: 12.00pm – 12.30pm
Group 2: 12.30pm – 1.00pm

Parents will be informed about
the group before the club starts.

INTERESTED?

✉ martaleiva.bru@gmail.com
☎ 07936482815

Get in touch for more information,
a trial session or to enrol.



DBS
CHECKED



FIRST AID
TRAINED



¡España
es increíble!
❤️

¡Bienvenidos!



¡Qué rico!



¡Delicioso!

DATES



From
10th September
to 10th December
(Term time only)

PRICE

£65



¡España! ❤️

Language today,
opportunities tomorrow.



**PRIVATE TUITION
FOR
GCSE AND A-LEVELS**

Supporting your child's success
in Spanish exams.
Get in touch for more information.





Yogabugs is a fun and creative class that develops confidence and self esteem through embodied movement and expression. The children are introduced to traditional yoga poses, breathing techniques, meditation, mantra, mudras and journaling. The classes are planned around the ancient wisdom and knowledge of Ayurveda, according to the seasons. I have a love for language and take pleasure in writing original and well know stories. The stories engage the children's imagination and creativity, giving them the confidence to express themselves through the movement.

The class is carefully structured to develop coordination, balance, strength, flexibility taking into consideration the individual needs. Through yoga I teach the children how to calm the nervous system as well as offering tools to support emotional regulation.

Some of the overall benefits of yoga are improved concentration, better sleep patterns, greater self-esteem, reducing stress and anxiety, support emotional regulation and improves low mood, as well as a great form of exercise.

Yogabug Classes.

I am very pleased to offer two classes at Maidenbower Junior School on Tuesdays. There are limited number of places available and will be allocated on a first come first serve basis. If your child would like to join, then please contact me for more information.

Lunch club - Tuesdays 12-1pm After School - Tuesday 3.15-4.15pm

Tracey Williams 07813187315 williamst93@hotmail.com
www.childrensyogawithtraceywilliams.com

About Me

I am a Primary school teacher and trained in adult and children's yoga. I have been teaching yoga for twenty years in schools and nurseries in and around the locality. I love yoga, walking, sewing, gardening, writing and travelling. I live with my husband, two daughters, a cat, 5 chickens and a tortoise called Winter.

DARE

DANCE ACADEMY

STREET

DANCE

AT MAIDENBOWER JUNIOR SCHOOL



TIME
3:15PM –
4:00PM



WHEN
THURSDAYS
AFTER SCHOOL



WHO
YEARS
3 – 6

LEARN **COOL MOVES**,
BUILD **CONFIDENCE**,
AND **HAVE FUN!**

CONTACT US

✉ daredanceacademy@hotmail.com
☎ 07932240429





MAIDENBOWER JUNIOR SCHOOL

YEARS 3-6 BASKETBALL

COACH-LED SESSIONS COVERING BALLHANDLING, SHOOTING AND TEAMWORK,
FOR COMPLETE BEGINNERS AND IMPROVING PLAYERS ALIKE

AFTER SCHOOL CLUB

FRIDAYS, 3.10-4.10PM

11TH SEPTEMBER TO 11TH DECEMBER



BOOK HERE

[STORMBASKETBALLCLUB.COM/WANT-TO-PLAY/SCHOOL-SESSIONS/](https://stormbasketballclub.com/want-to-play/school-sessions/)

 STORMBBALLCLUB

 STORMBASKETBALLCLUB

 STORMBBALLCLUB