



CAMPING RESIDENTIAL

PARENT GUIDE
Purbeck Valley Farm,
Dorset



ABOUT LAND & WAVE

LAND & WAVE HISTORY

We love getting people outdoors; working really hard to make adventure accessible for everyone.

We've been delivering world class adventures to schools for over fifteen years now and we're really excited that your child will be spending time with us.

We work with almost 165 different schools from across the UK and deliver exciting adventure experiences for 6500 children annually.

We promise we'll look after them like they're our own. With us, they'll be making new friends, learning new skills, developing their confidence and character everyday.

They'll return full of such great stories; you'll wish you could have come to.

We are Land & Wave and this is going to be the very best school trip.



Address: Unit 14, Jaden Centre, Prospect
Business Park, Swanage, Dorset, BH19 1EJ
Contact: 01929 423031 | info@landandwave.co.uk
Visit: www.landandwave.co.uk



DAILY ADVENTURES

RAFT BUILDING

Raft building is a great activity to start the day. Students will be constructing a working raft from barrels, rope and poles, which they'll be paddling out into Swanage Bay.

This is a great way for the kids to develop their teamwork, leadership and most importantly, their communications skills.

PADDLE BOARDING

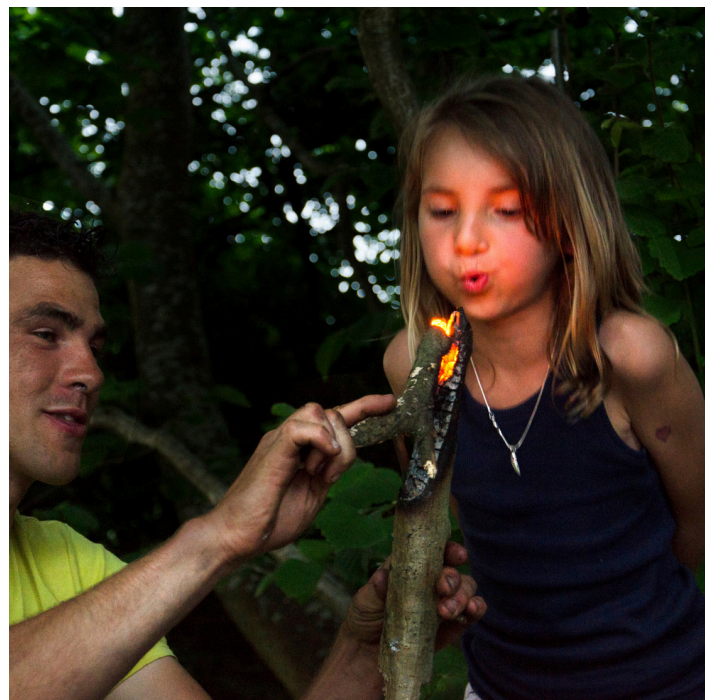
Using a mixture of individual and jumbo 17ft paddle boards in Swanage Bay or Sandbanks, this great activity helps the students develop their personal and team building skills further.

It's all about balance, power and team work.

BUSHCRAFT SURVIVAL SKILLS

Getting out in the woods near Corfe Castle, the students will be learning all about fire lighting, campfire cooking (toasted marshmallows included), archery and how to build a waterproof den to protect them from the elements.

It's a great day filled with outdoor adventures, learning new skills and building confidence.



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DAILY ADVENTURES

WALK / NAVIGATION

Students will get the best from the Jurassic Coast, by going on a pre planned walk along the beautiful coastline.

Looking at flora and fauna and keeping an eye out for hidden fossils and dinosaur footprints.

CLIMBING

Students will be climbing a variety of routes up beautiful limestone cliffs, as they develop confidence, trust and resilience.

COASTEERING

One of the headline activities for the week. Coasteering is all about jumping into and playing in the sea, scrambling on the limestone ledges and exploring the Jurassic Coast.

Coasteering really helps develop resilience, confidence, self reliance, risk awareness and teamwork.

SEA KAYAKING

Students will buddy up in double kayaks and be paddling around tranquil Swanage Bay or Sandbanks Harbour.

Fun and games aplenty, as students develop teamwork and cooperation skills.



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DAILY ADVENTURES

PIONEERING

Students will be put into groups where they will be given challenges such as creating a catapult with the idea of hitting targets and also creating platforms and bridges.

SLIP & SLIDE

Students will have the opportunity to grab an inflatable and ride our Slip & Slide down a hill at one of our campsites.



CRABBING

Students will spend some time crabbing in the beautiful Swanage Bay, with their friends and instructors.



CAMPFIRES

Students will spend an evening around the campfire, toasting marshmallows, singing songs and sharing stories.

MINI OLYMPICS

Students will spend an evening competing in a bunch of the classic sports day activities such as the egg and spoon race and 'welly wanging'!



ARCHERY TAG

Students will participate in an action-packed afternoon competing against each other in team based games. This adrenaline-fuelled archery activity can get VERY competitive!

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THE CAMPSITE & FOOD

THE CAMPSITE

- Private camping field only used by Land & Wave groups
- Dedicated teacher tents at regular intervals
- Teachers will allocate spaces
- Dedicated toilet and shower block
- Duty Manager who sleeps on site at night
- Plenty of open space

THE TENTS

- 5 metre Bell Tents
- Maximum of 6 pupils per tent
- Single sex tents
- Camping mats provided

FOOD

- Meals provided by 'Kingston Country Courtyard'
- We do **not** serve nuts but cannot guarantee a completely nut-free environment
- Hot breakfast and hot dinners daily
- Packed lunches supplied (sandwich, crisps, fruit, and sweet treat)
- For medical / religious dietary reasons, an alternative meal will be offered. Please provide your child's FULL dietary details to your school trip leader
- All students to bring a packed lunch on day 1

HOMESICKNESS

- Full days of activities to keep the kids busy
- Instructors are sensitive to children's needs
- Check your school's specific homesickness policy



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ACTIVITY SAFETY

SAFETY

- All safety equipment and clothing is provided
- If the weather is unsafe (high winds or swell), contingency activities take place to ensure maximum safety and enjoyment.

All Land & Wave instructors...

- Have passed an enhanced DBS check
- Hold National Governing Body qualifications
- Are Safeguarding trained
- Will be in/on the water during water activities



INSURANCE

- Land & Wave holds £10 million public liability insurance
- We hold an AALS License and the Adventure Mark Certificate
- We are accredited by Learning Outside the Classroom (LOTC)



FIRST AID

- All our instructors all hold a Level 3 First Aid qualification
- They specialise in delivering appropriate first aid in 'adventure' situations to children and adults
- Land & Wave also provides First Aid training to businesses and schools
- Trip leaders are responsible for the First Aid provision outside of activity sessions



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CAMPING FAQs

CAN STUDENTS BRING A MOBILE PHONE OR A TABLET ETC?

We would strongly advise against students bringing any electronic devices. There are NO lockers or charging facilities on site.

WILL WE BE ABLE TO CONTACT OUR CHILDREN?

In the case of an emergency, call 01929 423031 and we can put you in touch with the trip leader. We and the school will have your contact details should we need to contact you.

WHAT KIT DO STUDENTS NEED TO BRING?

We supply all the equipment you'll be using, you just need to bring clothes, warm sleeping bag, pillow, medication and toiletries. Have a look at the Kit List for everything you need.

WHAT IS THE INSTRUCTOR TO PUPIL RATIO?

There will be at least 1 instructor to every 10 students. Each activity has different staff ratios.

WHAT ARE YOUR SAFEGUARDING POLICIES?

All our instructors are Safeguarding trained and DBS cleared. Our Safeguarding Lead is Sophie Tanner. Please contact us if you have any concerns.

WHAT TIME DO THEY START / FINISH?

Breakfast begins from 07.00, with the students out on activities for around 09.00. Then it's a full day of adventure, with a break for lunch. The evening sessions normally finish at 21.00.

TELL ME ABOUT THE TENTS

Up to 6 children sleep in a bell tent. Camping mats provided. All tents are single sex. Teacher tents are pitched between the kids tents and sleep 1 or 2 to a tent. We provide beds for teachers. Teachers and children must bring a pillow and warm sleeping bag.

WHAT'S THE TOILET SITUATION?

We have a lovely large toilet block on site. We also provide one or two festival style toilets next to your camp to make those annoying midnight toilet treks a little less annoying.

WHAT HAPPENS IN AN EMERGENCY?

All the Land & Wave instructors are First Aid qualified. Both teachers and Instructors will be on hand to deal with any emergency. We have your contact details.

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CAMPING FAQs

CAN PARENTS COME AND VISIT?

Due to the Safeguarding protection and procedures, parents are not allowed to come to site unannounced.

WHAT IF MY CHILD DOESN'T WANT TO DO THE ACTIVITY?

During our activities we challenge the students to participate voluntarily, to push their comfort zone and test themselves. No child will be forced to do anything they don't want to do.

WHAT ABOUT DIETARY / MEDICAL / BEHAVIOURAL NEEDS?

We adapt our activities and catering requirements for students.

WHAT ABOUT POCKET MONEY?

There may be the option to buy a few sweets and souvenirs during the week. £10-15 would be more than enough.

WHAT HAPPENS IF THERE IS BAD WEATHER?

We rotate activities to best suit the weather. Activities such as bushcraft are very sheltered in the woods. If the wind or swell is too strong for water sports, these will be switched for something land-based, such as rock climbing.

IS THE CAMPSITE SECURE?

Yes. This is a private campsite for the sole use of Land & Wave guests. It's on a working farm, but the camping fields are tucked away from the hustle and bustle of daily farm life. A duty manager sleeps in camp every night and is on hand should you need anything.

ARE YOU INSURED?

Yes we are insured. We have £10 million public liability insurance. We are accredited by: Institute of Outdoor Learning, National Coasteering Charter, Adventure Activities Licensing Authority, DoE Approved Activity Provider and Learning Outside The Classroom.

Camping School Trip Kit List

WHAT TO PACK



CLOTHING

- ☐ Light comfy trousers
- ☐ T-shirts & shorts
- ☐ Warm pyjamas or onesie
- ☐ Waterproof jacket and trousers
- ☐ Lightweight jacket or sweater for cooler evenings



TOILETRIES

- ☐ Broad-spectrum sunscreen (SPF 30 or higher)
- ☐ After-sun lotion or aloe vera gel
- ☐ Lip balm with SPF
- ☐ Shampoo and shower gel
- ☐ Toothpaste and toothbrush



NON-ESSENTIALS

- ☐ Fleecy blanket or hot water bottle
- ☐ Eye mask and ear plugs
- ☐ Self-inflating camping mat
- ☐ Torch / headtorch



HEALTH & SAFETY:

- ☐ Prescription glasses / contact lenses
- ☐ Prescription medications (inhaler etc)
- ☐ Hand sanitiser
- ☐ Sanitary products



ESSENTIALS:

- ☐ Beach towel
- ☐ Towel for showering
- ☐ Reusable water bottle
- ☐ Old lace-up trainers to wear in the sea
- ☐ Rucksack for daily use
- ☐ Tupperware box to store lunch
- ☐ Large bin bag to keep belongings dry
- ☐ Warm sleeping bag and pillow
- ☐ Swimwear



MISCELLANEOUS:

- ☐ Sunhat / woolly hat
- ☐ Extremely fussy eaters talk to your school about bringing your own food

