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Headteacher: Mr S Pike BA (Ed) Hons NPQH

Friday 23rd May 2025

Sex Education in PSHE lessons

Dear Parents and Carers

As part of the National Curriculum and in accordance with our sex education and relationships policy, Year 5 children will be taking part in our sequence of lessons on Puberty, Health and Hygiene, from **Wednesday 18th June**.

The focus of this work relates to the changes which occur during puberty; why they occur and how to deal with them.

The learning objectives for these lessons will be on our school website, along with a list of key vocabulary that will be used and discussed.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those listed on the website before the work is covered in school.

The class sessions will take place on:

- **Wednesday 18th June**
- **Wednesday 25th June**
- **Wednesday 2nd July**

The sessions will be delivered in class groups led by the class teacher, however there will be single-sex question and answer sessions at the end where children may want to talk more freely about sensitive issues and content.

If you have any questions, please speak with your child's class teacher.

Yours sincerely

The year 5 team