

Sample Menu | Breakfast

Breakfast

The most important meal of the day!

Each morning there will be plenty of choice from the following items:

- Cereal (e.g. corn flakes, rice krispies, bran flakes)
- Toast, with margarine & strawberry jam
- Fresh whole fruit (e.g. apples, pears, bananas etc)

There will also be a breakfast dish of the day available:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Dish of the Day	Overnight oats with fruit and berries	Breakfast Sausage Baps	Breakfast Bacon Baps	Sausage and Baked Beans	Pancakes and Bananas	Scrambled Eggs, Bacon and Tomato	Breakfast Baps



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Sample Menu | Lunch

Lunch

Packed lunches to satisfy hunger on the go!

Every day the packed lunches will contain the following items:

- Main of the day
- Snack of the day
- Packet of crisps
- Piece of fruit

The choices for sandwiches are as follows:

- Ham
- Cheese
- Vegan cheese
- Vegan pesto, cucumber and tomato
- Mediterranean vegetables and vegan pesto

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch Main	Sausage Roll	Sandwich	Sausage Roll	Sandwich	Sausage Roll	Sandwich	Sausage Roll
Adult Lunch Option	Sausage Roll	Nourishment Bowl	Sausage Roll	Pasta Salad	Sausage Roll	Sandwich	Sausage Roll
Lunch Snack of the Day	Lemon Drizzle Cake	Flapjack	Choc Chip Cookies	Apple and berry traybake	Shortbread	Choc Chip cookies	Flapjack

* Please note that we are a nut free site. Any food containing pesto is made without pine nuts.



Sample Menu | Dinner

Dinner

The perfect way to end the day!

The menu below describes the main course but please rest assured there will be multiple versions of the same dish to account for all dietary requirements declared in advance.

The salad bar will contain leaves, tomatoes, cucumber and carrot. Each day there will be additional fruit yoghurts and fresh whole fruit served alongside the dessert of the day.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Meatball Marinara	Chilli Con Carne	Jacket Potatoes	Burger Bar	Chicken & Leek Hotpot	Pizza Slices	Roast Pork Baps
Side Dishes	Garlic read, Broccoli and Peas	Mexican Beans and Rice	Cheese, beans and Coleslaw	Potato wedges and Salad	Broccoli and mashed Potato	Potato Wedges	Broccoli, Carrots, and Peas
Lunch Snack of the Day	Apple Crumble	Banoffee Pie	Eaton mess	Chocolate Fudge Cake	Fruit Salad	Sticky Toffee Pudding	Oreo Cake



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