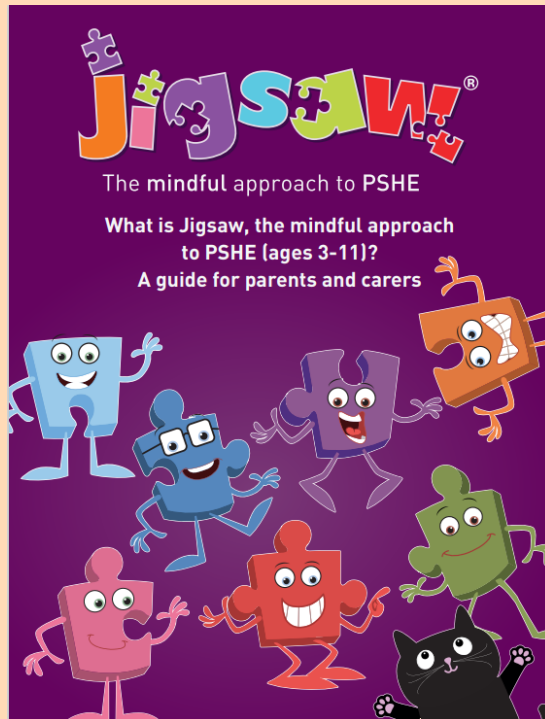


PSHE Parent Consultation



What does PSHE stand for?

P = personal

S = social

H = health

E = economic

education

Why teach PSHE?

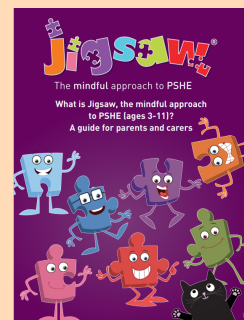
- it promotes the spiritual, moral, cultural, mental and physical development of pupils at our school and in society.
- it prepares pupils for the opportunities, responsibilities and experiences for later life.

PSHE is a non-statutory subject however the government consider it to be an important and necessary part of all pupils' education.

The DfE is clear regarding curriculum content when they say, *"What is taught, and how, is ultimately a decision for the school."*

At Maidenbower Junior School, we teach PSHE as a whole school approach to underpin children's development as people.

We use a scheme of work called JIGSAW which we tailor to meet the needs of our school and pupils. JIGSAW is an age appropriate programme of work.



Every half term there is a new topic in PSHE

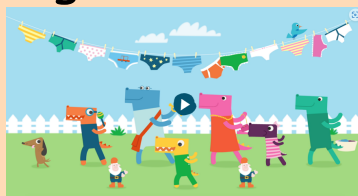
Term	Puzzle (Unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

Each year group has a different puzzle toy, a cat and a chime to use in their weekly lessons.



One of the areas which the JIGSAW programme focuses on is Relationships Education. This is covered in the Relationships and Changing Me units of work (both are taught in summer term).

Some of this teaching includes the safeguarding of children. E.g one aspect is delivered through the NSPCC Pantasaurus programme.



RSHE

One aspect of PSHE is RSHE which is Relationships, Sex and Health Education. This is taught through a combination of the JIGSAW programme and Christopher Winters resources. This will be covered primarily in the Relationships and Changing Me units of work.

Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
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This is where we discuss different types of families.

Summer 1:	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
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Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change
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Why are we teaching the children Relationships Education?

Through Relationships Education pupils are supported and taught about how to seek out positive relationships. They are encouraged to understand that they have rights over their own bodies. This includes understanding boundaries in friendships with peers and also families, and with others, in all contexts, including online.

This knowledge can support the safeguarding of all children.

The right to withdraw from PSHE lessons

- Parents **will not** be able to withdraw their children from any aspect of our Relationships or Health Education unit of work which includes learning about the changing adolescent body and puberty.

- Parents **will** be able to withdraw their children from any aspects of Sex Education other than those which are part of the Science curriculum.

These areas will be covered in Lower School

Year group	Learning objectives	Key vocabulary
3	<ul style="list-style-type: none">-To explore the differences between males and females and to name the body parts-To consider touch and to know that a person has the right to say what they like and dislike-To explore different types of families and who to go to for help and support	Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship
4	<ul style="list-style-type: none">-To explore the human lifecycle-To identify some basic facts about puberty-To explore how puberty is linked to reproduction	Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

This is what the children **will** be taught and cannot be withdrawn from.

These areas will be covered in Year 5

5	<ul style="list-style-type: none"> -To explore the emotional and physical changes occurring in puberty -To understand male and female puberty changes in more detail -To explore the impact of puberty on the body & the importance of hygiene -To explore ways to get support during puberty 	Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings
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These areas will be covered in Year 6

6	<ul style="list-style-type: none"> -To consider puberty and reproduction -Consider physical & emotional behaviour in relationships -To explore the process of conception and pregnancy (lesson 3)* -To explore positive and negative ways of communicating in a relationship 	Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, love, friendship, consent, intimacy, communication, personal/private information, internet safety
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*In year 6, the children learn about sex.

Parents have a right to withdraw their children from the lesson.

The DfE Guidance 2019 (p.23) recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils'.

At Maidenbower Junior School, we believe children should understand the facts about human reproduction before they leave our school so that they can lead healthy, confident, independent lives and become informed and active citizens.

LGBTQ+

L = Lesbian

G = Gay

B = Bisexual

T = Transgender

Q = Queer or Questioning

+ = e.g. Asexual, Pansexual etc.



Teaching Pupils about LGBTQ+

- In September 2020, the government set out new guidance which replaced the Sex and Relationships curriculum given to schools in 2000.
- The then Secretary of State, Damien Hinds, set out specific advice for schools regarding the delivery of teaching pupils about LGBTQ+.
- This guidance will be reviewed every three years.

The advice given in the new RSE framework states:

- All compulsory subject content must be age appropriate and developmentally appropriate.
- The content must be appropriate to our school context and respect the backgrounds and beliefs of pupils and parents.

In 2010 the Equality Act was introduced.

This states that it's unlawful to discriminate against a pupil or prospective pupil by treating them less favourably because of their:

- sex
- race
- disability
- religion or belief
- sexual orientation
- gender reassignment
- pregnancy or maternity

The aim of the Equality Act is to eliminate discrimination related to these characteristics.

JIGSAW

The JIGSAW scheme of work covers some aspects of LGBTQ+ through the 'Celebrating Difference' and 'Relationships' unit of work.

This unit of work is built upon every year to ensure that it is age appropriate for our pupils.

For the younger children in Year 3 and 4 we discuss different types of relationships, romantic relationships and families.

In PRIDE month we discuss significant events in the history of LGBTQ+ rights.

In upper school they build on this awareness.

For example in Year 6 in the second part of the Autumn term, children are presented with a variety of scenarios related to the protected characteristics mentioned previously.

The resources for these lessons will be available for you to look through at the end of this meeting.

Regular training is given to staff about how to deliver these lessons and to answer questions from pupils in a sensitive and age appropriate way.

Colleagues at MJS are encouraged to consult with Miss Ma'k and myself if they feel that they need any further guidance on how to support their pupils.

Further information is available on our website under the 'For Parents tab'.



Keeping Safe Online

Over to Mr Caddy...

Online safety in the Computing curriculum in England

The Computing curriculum provides a fantastic opportunity to develop our school's approach to online safety.

Online safety is included in the Programmes of Study for all Key Stages to help ensure that young people are "responsible, competent, confident and creative users of information and communication technology."

"Safe and responsible use of technologies must be embedded throughout the curriculum to ensure that all children develop the required range of digital literacy skills." Safer Internet org

KS2:

use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.

PROJECT EVOLVE **BETA**

*1 lesson per half term as part of
Computing.*



*Interland is also used for Online
Safety (more for Lower KS2)*



*Teachers mix and match with
Evolve Resources*

Live Google Assemblies

Every February



<https://saferinternet.org.uk/>

NSPCC

All social media apps, including Instagram and Tiktok are aged rated 13+

Children should not be using these without parental consent or careful monitoring.

On the ~~Google Play~~ store, most social media apps are rated 'Parental Guidance Recommended' by PEGI. This symbol comes up as an exclamation mark. This rating recommends that parents carefully consider whether these apps are suitable for children under 18.

More online safety advice for parents



Talking to your child about online safety

Advice on how to start the conversation and get support if you're worried.

[Learn more](#)



Parental controls

Get advice on setting up parental controls to help keep your child safe online.

[Learn more](#)



Livestreaming and online video apps

Information and advice to help you understand the challenges and keep your child safe.

[Learn more](#)

Parentzone Parent Guides

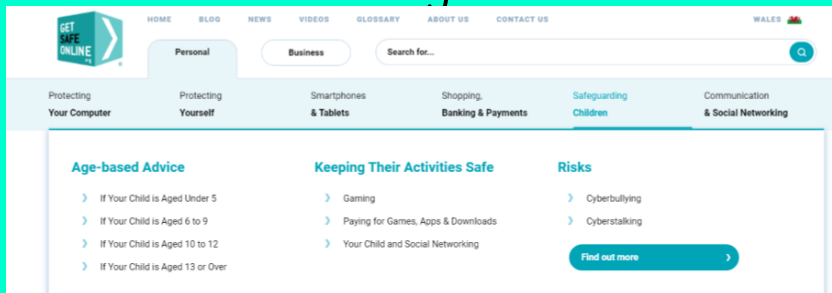
<https://parentzone.org.uk/article/whatsapp>

The main messages to our children

- Age restrictions - 13 years old.
- Be kind in all forms of communication. Would your family be happy to read everything that is sent?
- Information/photos can't be recovered after being sent.

Lastly

Get safe online



<https://www.getsafeonline.org/yourkidsonline/>



Advice for parents aged 6-9

<https://www.getsafeonline.org/personal/articles/6-to-9/>



Advice for parents aged 10-12

<https://www.getsafeonline.org/personal/articles/10-to-12/>



We will be around for 10 minutes, please feel free to come and ask us any questions.

